

**Cary Medical Center**  
**Policy and Procedure on Smoke Free Campus Policy**

**Purpose:** As stated in the hospital mission and vision, Cary Medical Center is committed to the promotion of a healthy community which includes the prevention and treatment of disease. Smoking and breathing secondhand smoke are a major cause of preventable disease and death. As such, in consideration of all those who come to our facility, Cary Medical Center is, a smoke free campus.

**Policy:** Smoking and the use of tobacco products are prohibited on Cary Medical Center property which includes all buildings, grounds on the hospital campus, and at outlying locations. The only exception to this policy is the Resident Veterans at the Maine Veteran's Home. They will have one designated area which is described in the Maine Veteran's Home policy/procedure manual.

**Procedure:**

**I. Patients:**

Patients who smoke will be identified at the time of admission through the nursing assessment process.

- Smoking cessation education pamphlets will be provided at the time of admission.
- Available smoke cessation pharmaceutical aids are listed in the Cary Medical Center Pharmacy Formulary. Consult the Pharmacist if necessary for information.
- Patient complaints will be trended and reported to the Board of Directors annually.
- Quality improvement efforts will be instituted when indicated.

**II. Employees:**

- a) Smoking is prohibited anywhere within the building and hospital grounds including inside personal vehicles.
- b) The hospital will make available smoking cessation education materials and programs.
- c) Compliance to this policy is a condition of employment. Noncompliance will be subject to progressive disciplinary procedures.

**III. All Others, Including, But Not Limited to: Volunteers, Visitors, Vendors, etc.:**

- a) Employees are asked to support this hospital policy by requesting volunteers, visitors, and vendors to refrain from smoking on the Cary Medical Center campus.
- b) The hospital will make available smoking cessation education materials and programs.

- c) Noncompliant visitors, etc., will be asked to leave. Disruptive behavior will be managed as per the violent behavior policy/procedure.
- d) Incidents will be reported to quality management for quality management improvement efforts.
- e) Community education sessions and promotions will be offered as an ongoing education/public relations program.

**Date of Origin: 8/31/1987**

**Revision Date: 10/5/1999**

**Review Date: \_\_\_\_\_**

**Directors**

\_\_\_\_\_  
**Chief Executive Officer**

\_\_\_\_\_  
**Chief of Medical Staff**

\_\_\_\_\_  
**Chairman, Board of**