

# EMMC

## Interdepartmental Directives

**To:** All Department Heads

**From:** Deborah Carey Johnson, RN  
Sr. Vice President/COO

**Subject:** EMMC Tobacco-Free Policy

<b>Date</b>	9/2002	<b>No.</b>	10.012
<b>Approval</b>			
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<b>Supersedes IDD No. 10.012 Dated 12/2000</b>			

In accordance with EMMC's mission statement: ***"Our mission is to care for patients, families, communities and one another"***, EMMC is committed to the prevention of disease and the promotion of health and healing. Tobacco use and second hand smoke pose serious health/safety risks and undermine medical treatment.

**Policy:** The use of all tobacco products (cigarettes, cigars, pipes & smoke-less tobacco) is prohibited on hospital-owned property and grounds and in all Bangor leased or rented office space where EMMC employees work.

Individuals are required to cease use of any tobacco product upon arrival on the EMMC campus. For safety and health reasons it is necessary to appropriately discard all used tobacco products in a vehicle or a receptacle provided by EMMC.

This policy applies to patients, employees, volunteers, visitors, vendors, contracted workers, tenants of EMMC, medical staff and students.

Patients are not permitted, under any circumstances, to leave the facility to use tobacco products. Physicians are not authorized to write orders allowing patients to leave the EMMC campus to use tobacco products.

### **Responsibility:**

- It is the responsibility of EMMC personnel and medical staff to educate patients about the tobacco-free policy before and during their admission and/or at other times patients are on the EMMC campus.
- It is the responsibility of managers to educate their employees on this policy. Violation of this policy will be treated like any other policy infraction.
- All individuals associated with EMMC have a responsibility to promote this policy and educate visitors, patients and fellow employees.

### **Withdrawal/Cessation Resources:**

- If desired, inpatients that express a desire to smoke will be offered the opportunity to meet with the interventionist trained in the "Bedside Counseling of the Hospitalized Smoker" program.
- Employee smoking cessation efforts are best managed with one's Primary Care Provider (PCP). Employees are reminded that making the decision to quit smoking requires a well thought out plan. Planning well in advance to schedule an appointment with your PCP is essential.

- Employees who do not have a PCP may seek care at the EMMC Family Practice Center (FPC) by calling 7979 and identifying themselves as an EMMC employee. Employees may also seek initial care at Employee Health Service, when scheduling permits, by calling 7335. Follow up care will be arranged with FPC.
- Nicotine Anonymous meets every Thursday from 6:30-7:30 pm in the Brown Conference Room.
- Other support services for smoking cessation are available for employees and community members through Community Wellness Service at 973-7088.
- The Employee Assistance Program (EAP) is available for those employees requesting assistance for nicotine withdrawal and/or cessation (973-7229).